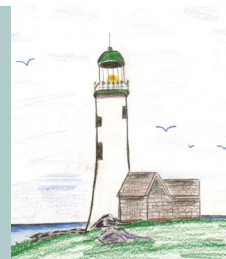




The Beacon Newsletter Summer 2014

"Keep shining through you may be a lighthouse to someone trying to make it."



All Aboard The Arc!

*Rally For Inclusion.
We are ALL meant to shine.*



The Arc of Massachusetts brought together families, community members, local leaders, supporters of The Arc, students and employee groups. Thanks to everyone who came to the Boston Common on May 7th to raise awareness and focus public attention on the abilities and needs of people with intellectual and developmental disabilities and their families. The Arc of the South Shore was well represented with a delegation of folks from our various programs who enjoyed a great event and a beautiful day. The Arc is the state's leading advocacy organization for people with intellectual and developmental disabilities and their families. With 18 chapters across Massachusetts, The Arc is directly assisting tens of thousands of people with disabilities by providing a range of programs and supports based in the community.

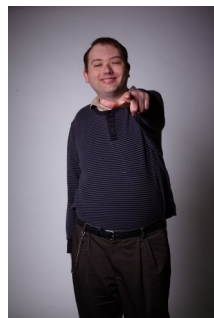
The Arc of the South Shore ~ The Person of the Year Award Honoring Normand Racicot & The Fallon Family

On May 8th, over 250 people gathered at Lombardo's to honor Normand Racicot and The Fallon Family for their long-standing generous spirit and consistent support. The event raised over \$100,000 for The Arc of the South Shore. The Racicot family utilized the support of the Arc's Early Intervention Program and also served on the Early Intervention Parent Advisory Committee. Norm has sat on The Arc Board of Directors for more than twelve years and is currently serving as the President for his second term, as well as serving as Co-Chair for the Annual Louis Bailey Golf Tournament. Additionally, Fallon Ambulance Service not only supplies First Aid and CPR training to Arc employees, but also employs 4 individuals and a job coach, through the Arc's employment program, where they help maintain one of the ambulance bays in Weymouth.



Norm Racicot and The Fallon Team

Faces of The Arc, come see who we are...



Upcoming Events:

- **September 15, 2014** ~ 27th Annual Louis Bailey Golf Tournament, Cohasset Golf Club
- **September 20, 2014** ~ Statewide Transition ~ Transitioning from school to adult life, Holy Cross College, Worcester, MA
- **September 25, 2014** ~ Volunteer Mixer ~ Come and find out how you can help! The Arc of the South Shore, North Weymouth, MA
- **September 30–October 2, 2014** ~ The Arc's National Convention, New Orleans, LA
- **October 2, 2014** ~ 3rd Annual Employee Appreciation Luncheon, South Shore Yacht Club
- **October 23, 2014** ~ The Arc of Massachusetts Gala Dinner and Auction, The Westin Hotel, Waltham, MA
- **December 18, 2014** ~ The Arc of the South Shore Family Holiday Concert featuring the Atlantic Symphony Orchestra, Thayer Academy
- **January 23, 2014** ~ Legislative Breakfast, Lombardo's, Randolph, MA

Highlights of The Arc of Massachusetts ~ Working for You in the Past Year

- Continued to be a primary advocate in maintaining and expanding community support
 - ⇒ Led a successful campaign to obtain 80 million in new funding for supports/services for fiscal year 2014 and additional funding through Mass Health for Day Habilitation
 - ⇒ A leader on the collaborative campaign for 2015 which included the major rate increase for residential chapter 257, Blueprint funding, and additional Family Support and turning 22 dollars
- Played a lead role in health care reform for people with disabilities
- Worked nationally with The Arc of the U.S. and other state chapters to advocate on the federal level
- Coordinated testimony at several hearings including the Committee on Children, Families and Persons with Disabilities
- Coordinated several legislative advocacy trainings, autism commission briefing and employment forums statewide for families and self advocates on employment and inclusion opportunities related to the

HIGHLIGHTS OF OUR PROGRAMS

First Early Intervention Program:

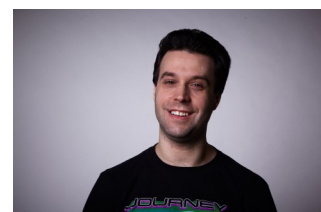
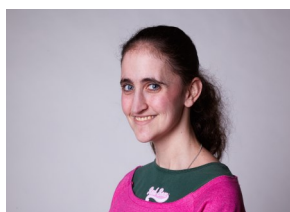
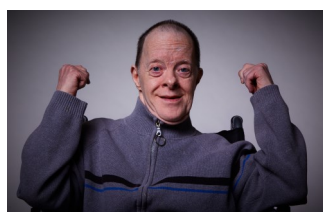
- ~ Have provided services to over 700 South Shore families on an annual basis.
- ~ Collaborate with other agencies and programs, providing services to families with young children such as the local public and private preschool programs, family and center based day care and Head Start programs.
- ~ Successfully integrated families with children with special needs into play groups with their peers and into appropriate services when graduated out of Early Intervention.

Adult Family Care:

- ~ In the past year, AFC has tripled its numbers.
- ~ There are now 37 families successfully enrolled in the program with referrals continuing to come in.
- ~ A full time Case Manager has been hired and the program will be hiring a full time RN to address the increased demand for service.

Residential Supports:

- ~ Currently there are 90 Arc residential employees who support the 52 adults residing in either one of our 9 residential homes, with their families or independently in the community.
- ~ Residential Counselors are required to complete rigorous training courses. This enables them to provide high quality and timely medical care as well as various services to the unique individuals that they support.
- ~ Our Community Activities Coordinator provides an array of activities each month including the theatre, movies, concerts, yoga, museum visits, sporting events and vacations across the United States.
- ~ Our nursing and clinical staff ensure optimal physical and emotional health.



HIGHLIGHTS OF OUR PROGRAMS

Day Habilitation Services:

- The Day Hab staff is trained in multiple areas such as CPR, human rights, first-aid, seizure management, rehabilitative activities, to name a few.
- We held popular theme-based activities such as autumn fest, field day and our very own Winter Olympics.
- The program utilizes five iPads on a daily basis that provides many communication and learning opportunities for our participants.
- Regular community outings consist of trips to the library, church, bowling alley, retail stores, farms, zoos and other areas of interest.

Employment Supports:

- Harbor Industries' "Plan to Transform Center-Based Work Program to Community Employment" continues to be a major focus of the agency.
- We are receiving technical assistance from the Institute for Community Inclusion through the University of Massachusetts Boston to assist us in expanding the number of individuals in integrated employment.
- Increased rates from the Department of Developmental Services have enabled us to increase staffing to support the state's "Employment First Policy".
- Individuals continue to be employed at Shaw's, Stop & Shop, Sunrise Assisted Living, Fallon Ambulance, Tedeschi Food Shops, Buddy's Roast Beef as well as volunteering at a variety of settings throughout the South Shore.

Community-Based Day Supports:

- Participants take part in music therapy, community activities and visits/demonstrations from community members as well as volunteering in many varied settings throughout the week.
- Interest inventories and personal profiles are developed to assist with the accomplishment of their own personal, social, and community goals based on personal interests and preferences.
- Self-Advocacy continues to be a primary focus of the CBDS program with many activities aimed at being able to direct one's own life.

Community Supports:

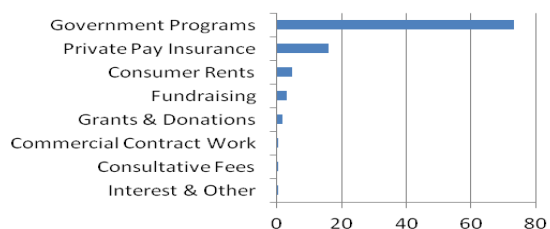
- Over 150 families have benefitted from our Community & Family Supports services.
- Saturday Respite continues to be a success with great activities!
- Our Special Olympics Team, the SSharks of the South Shore, competed at the State Competition in June.

Personal Care Management:

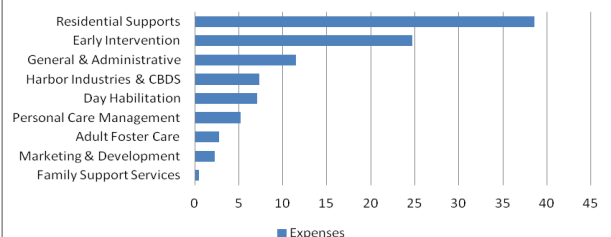
- Assist over 765 consumers in utilizing the Personal Care Attendant Program.
- As the demand for services has increased, 2 additional face-to-face skills trainers have been hired.
- Relationships throughout the community and with other agencies and facilities are continually developed to generate awareness and create new referrals.

Consolidated Financial Report for the fiscal year ending 6/30/13

Percent Revenue



Percent Expenses



Dear Friend,

Our faces of the Arc are all unique, complex and remarkable and this is the basis from which The Arc of the South Shore supports their large and extended family. The Arc of the South Shore, established in 1951, has been a resource for families on the South Shore for over 62 years. The Arc has developed and grown over the years to ensure we are doing our best to meet the needs of individuals with intellectual and developmental disabilities and their families.

Summer is a great time at The Arc. It means outdoor play at our First Early Intervention playground. Field trips to Fenway Park and Swan Boat rides. Picnics and hikes in our very own Webb Park backyard, harvesting organic vegetables from our gardens and playing softball with our community families.

As we continue to grow, the demand for our programs is always greater than our available funding. The Arc greets individuals as infants with our First Early Intervention Program, and, for many, this prevents a lifetime of services by putting children on the same pathway as typically developing peers. Other children need more intensive services or a continuum of care, and The Arc is there for them as they grow, turn 22, enter the workforce and explore residential options. All of our programs are tailored to the individual and his or her abilities with the goal to increase independence through skill growth in personal care, communication, physical agility and job development. Most importantly, The Arc brings joy to individuals by helping them be active and contributing members of society through community jobs, recreational activities, community service and supported residency.

Please consider a tax-deductible donation to The Arc of the South Shore. With your support, The Arc will sustain and innovate our essential programming and services so that our family can experience the recreation and socialization that is important to all of us but, we can also provide them with the opportunity to develop their social skills, enhance their self esteem and build lasting friendships that are vital to leading a full and enriched life.

We thank you in advance for your support! Achieve with Us!

Best regards,

Daryl Ann Cook-Ivan
Executive Director

An affiliated
chapter of  **The Arc.**

The Arc of the South Shore ~ Achieve with Us
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Photo shoot generously provided by Last Minute Productions